

STIR FRY NIGHT

Meats

- Beef
- Shrimp
- Chicken

Vegetables

- Bok choy
- Snow peas
- Peppers
- Red Onion
- Celery
- carrot
- Napa Cabbage

Not Spicy

Spicy

Vegetables Continued

- Baby Corn
- Water Chestnuts
- Shiitake Mushrooms
- Bean Sprouts
- Zucchini/Yellow

Herbs

- Cilantro
- Thai Basil

Lo Mein or Rice Noodles

Egg Rolls (2) _____

Wontons (6) _____

Very Spicy



Name: _____

Mem #: _____

Pick Up time _____

Vehicle: _____

Color: _____

Dessert or special
